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## Central Utah Public Health Department Confirmed First COVID-19 Cases in Sevier County

**Richfield, UT April 15, 2020** - The Central Utah Public Health Department (CUPHD) has confirmed the first two positive cases of COVID-19 in Sevier County. These are the seventh and eighth confirmed cases in the Central Utah Health District.

Both cases are between the ages of 25-45, and are currently recovering at their home in Sevier County. These cases were contracted from exposure to an individual from outside the district who later was confirmed to have COVID-19. “These positive cases followed all of the proper procedures in notifying the Health Department and their medical provider early on, and then self-quarantining. This significantly reduced potential exposures to other individuals in the community,” said Nate Selin, CUPHD’s Health Officer.

Close contacts of the confirmed cases have been contacted, are under self-quarantine and being actively monitored for symptoms.

CUPHD continues to encourage testing for individuals who have exposure or symptoms. Testing guidelines have been expanded, and anyone who exhibits even one of the following symptoms is asked to get tested for COVID-19. Symptoms include, fever, cough, shortness of breath, muscle aches and pain, sore throat, and loss of sense of taste or smell. If you are symptomatic, you should contact your medical provider or one of the COVID-19 hotlines at 1-800-456-7707 or 844-442-5224 to be referred for testing.

“Testing for COVID-19 is the best method for limiting spread of the virus by quickly identifying confirmed individuals and having them isolate at home to ensure they don’t spread it to others. If you are symptomatic in any way, we encourage you to contact the health department, a COVID hotline, or a medical provider so that you can be tested,” Selin added.

The most up-to-date information can be found at [coronavirus.utah.gov](https://coronavirus.utah.gov) or [centralutahpublichealth.org](https://centralutahpublichealth.org).

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Central Utah Public Health Department