

Two Measles Cases Confirmed in Central Utah

Sevier County- The Central Utah Health Department (CUHD) has confirmed two measles cases in local residents. Both cases were in unvaccinated individuals who had recent contact with someone they believe had measles.

CUHD staff have identified a small number of individuals who may have had minimal exposure to one of the positive cases. CUHD staff are currently contacting any exposed individuals. There have been no further exposures or risks to the public from these cases at this time.

"As measles has been identified throughout the state in recent months, we want to stress how quickly this disease can spread and how serious the illness can be." said Nate Selin, CUHD Executive Director. "We want residents to be aware, watch for symptoms, and make sure they're protected with the MMR vaccine. Community awareness and quick action to limit exposures are key to preventing additional cases."

Individuals should monitor for symptoms for 21 days after a possible exposure. Symptoms can include fever, cough, runny nose, and red or watery eyes, followed by a rash that starts on the head or face. Anyone who thinks they may have measles should stay home and call their health care provider before seeking care.

Vaccination is the best way to prevent illness. Two doses of MMR prevent more than 97% of infections. The vaccine is widely available through health care providers, pharmacies, and CUHD clinics.

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